



Ms. DIKSHA DAYAL

Expert in Weight Management and Gastro-oncology Nutrition

Head of the Department, Nutrition and Dietetics

Ms. Diksha Dayal has a decade long experience in nutritional assessment of patients with a range of complex medical conditions. An expert in therapeutic nutrition, Ms. Dayal works closely with the clinical team to develop care plans and monitor effectiveness of nutrition interventions; and counsel patients on therapeutic diet modifications.

Ms. Dayal did her BSc. Home-Science from Delhi University, before pursuing her MSc. in Nutrition and Food Service Management from the University of Meerut. With a strong academic credentials, over the years she has been associated with some of the country's leading healthcare institutions and hospitals. A Diploma Holder in Nutrition and Health Education from IGNOU, she has also undergone professional training on 'Fad Diet in Weight Management, Bariatric and Metabolic Nutrition' from MAX Hospital.

Education and Training

- Bsc. Home-Science from Delhi University
- Msc. in Nutrition and Food Service Management from the University of Meerut
- Diploma in Nutrition and Health Education from IGNOU
- Fad Diet in Weight Management, Bariatric and Metabolic Nutrition from MAX Hospital

Previous Associations

- BLK-Max Hospital, New Delhi
- Ganga Ram Hospital, New Delhi
- MD City Hospital, New Delhi

Fellowships

- Life Membership in ISPEN

Treatment Specialisation

- Bariatric Nutrition
- Post Transplant Diet
- Weight Management
- Gastro-onco Nutrition

Achievements:

- Featured in prominent national publications like The Times of India, Hindustan Times, Indian Express, Nav Bharat Times, etc